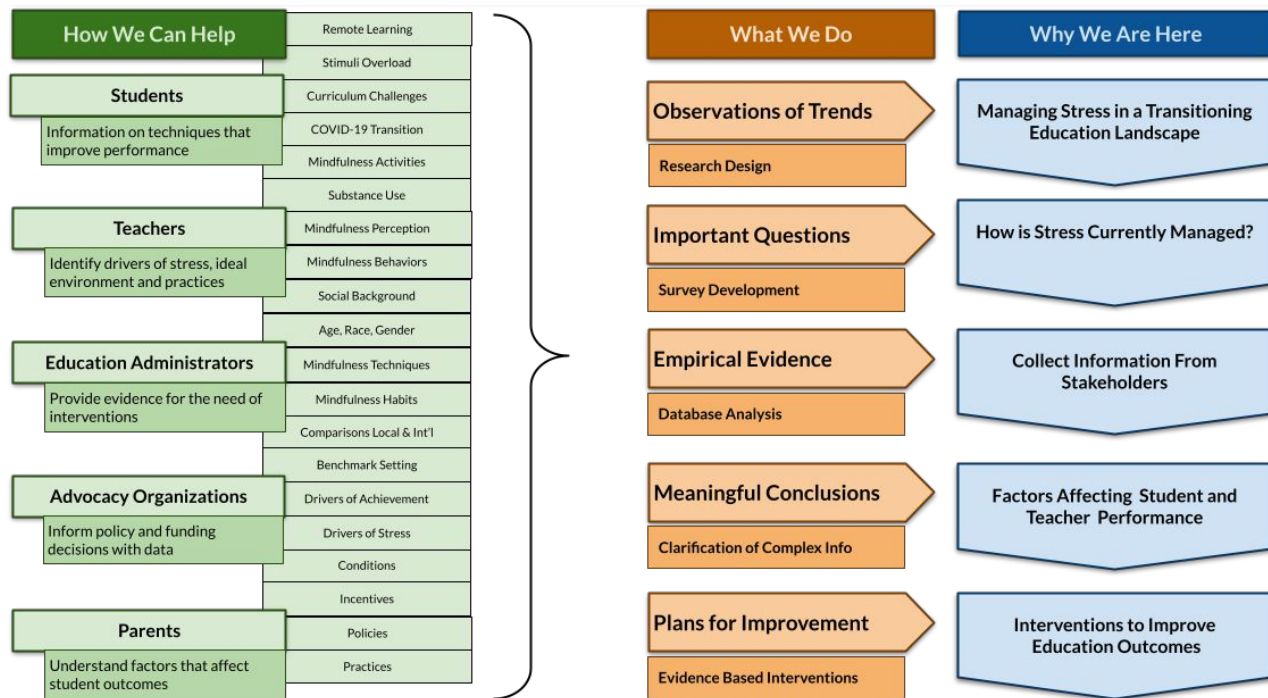


## MINDS Mindfulness Inventory and Needs Discovery Survey

The Mindfulness Inventory and Needs Discovery for Students research study, known as 'MINDS', examines how stress is managed in a transitioning education landscape. This study has been piloted in Germany by analyzing student survey responses in relation to their performance, and we are currently looking for participating universities and high schools in the United States to further expand our understanding. The study results would provide useful information on policies, practices, incentives, and conditions that would help benefit student performance.



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